

**RAMUNAS RUPSYS**  
**ART EXHIBITION “MENTAL”**  
**AT LA GALLERIA PALL MALL, LONDON**  
**6-18 OCTOBER 2014**



## **PRESS RELEASE**

There is a unique opportunity to see the intriguing work of artist Ramunas Rupsys in his solo exhibition at La Galleria in the Royal Opera arcade, Pall Mall, London, which runs from 6<sup>th</sup> – 18<sup>th</sup> October and is entitled “Mental”.

The artist, also a qualified Art Therapist, created many of the pieces while reflecting on sessions he had held with people experiencing varying degrees of mental disorder.

Ramunas’s art work has been described as striking, less conventional, amazing, scary but refreshing by art critics. This exhibition explores a subconscious and at times challenging journey of a human mind through the emotions of human experience.

Commenting on his exhibition, Ramunas Rupsys said: *‘I grew up in my home country of Lithuania under the Communist Regime of the USSR, which was restrictive. After the fall of communism I was able to explore my art in a liberated and unconstrained manner through basic lines and forms. The bringing of my conscious and unconscious mind led to surprising and unexpected results. The core of my work now investigates that free vision which is organic and very close to human nature; it expresses something which I hope both attracts and intrigues.’*

### **NOTES FOR EDITORS**

Ramunas Rupsys was born in Lithuania in 1969 and is now a British Citizen working for the NHS in the mental health sector. He received a classical art training in Vilnius Academy of

Art, Faculty of Telsiai, Lithuania in the late 1980s, qualifying in furniture design.

After his art training, he was obliged to become a teacher due to the communist regime instead of being allowed to pursue his own aspirations. He was also conscripted for two years military service in the Soviet army.

Ramunas came to Britain in 2000 and qualified as a Registered General Nurse before undertaking postgraduate studies and gaining an MA degree with distinction in Art Therapy.

## EXHIBITION DETAILS

ARTIST RAMUNAS RUPSYS  
EXHIBITION 'MENTAL'  
AT LA GALLERIA  
30, ROYAL OPERA ARCADE  
PALL MALL  
LONDON  
SW1Y 4UY

6-18 OCTOBER 2014  
10AM-7PM (5PM SUN)  
ENTRANCE FREE

[www.ramunasrupsys.com](http://www.ramunasrupsys.com)  
[contact@ramunasrupsys.com](mailto:contact@ramunasrupsys.com)

